Gender Education and Its Impacts on Children Health

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Introduction

Education about gender is equally important to our boys and girls in school. The policymakers and educators globally must not underestimate the need for early childhood education to develop deeply embedded gender norms. It is essential to reflect the perceptive and affective establishment of gender identity, which grows in early childhood. Educators are required to have gender consciousness to be clear to the choices of the boys and girls in the learning development. It will assist in helping the children discover whom they are, make connections to people around them, and have self-confidence, wellbeing, peer acceptance, and social maintenance. Training the educators with a gender-sensitive style can enhance the equal contribution of all kids in a learning setting. By the time children join a school, they are already aware of the physical difference between boys and girls. They also learn about the things boys do and the things girls do. To have an open classroom environment, it is essential to avoid stereotyping. In some cases, unknowingly, teachers exhibit gender bias in the classroom by supporting gender stereotypes, sustaining sex separation, and handling boys and girls differently.

Gender Identity

The reading on gender identity recognizes gender as an element of identity in which young children work hard to understand. Not only the children, but also teachers of early childhood development are not sure how to handle the issue. The author begins with an experience of ten years she had in her profession as a teacher in the early childhood setup. She talks of how she has seen children grow and develop ideas on gender identity. The development comes with influences on the children's behavior towards one another. It is an issue that needs to be dealt with at this early stage in life so that the young ones can grow up with complete self-confidence and that they do not experience unwanted social expectations and rules. Watching how children play and carry out their extra curriculum activities, one can understand that there is a need for gender equality from childhood. The author spoke on a scenario when they were on a nature field trip, and there was that crowd that involved majorly girls that attempted to make a campfire. The girls continued to be more active even in their emerging curriculum focused on wood, fire, and camping. This clearly shows the need to give children the chance to participate in all activities without the limitations of gender difference. The traditional gender roles need to be put aside, and children are taught to engage in all activities regardless of their gender.

Children have been exposed to perspectives that interfere with their focus on gender and are in line with stereotypes. If they are exposed to deeds, graphics or role models, or even words that support stereotypes, this can interfere with their thinking. In that case, teachers ought to give their children a different direction, including those that contrast the traditional constructs. That will provide the chance for children to explore different roles and identities. If that is not done, the children will never realize their potential. This article tries to give light to the educators to work in moderating the scheme of gender guidelines within our educational environments (Jammie Solomon, 2016).

Gender Equality

In the article about gender equality, norms, and health, the author focus on the importance of having gender equality for girls and women in our society and gender norms that promote health and wellbeing for everyone, including the minorities. The article supports my topic in that gender education is essential and the importance it has in the health of everyone. Issues related to gender norms and inequalities affect health for boys and girls, men and women, and gender minorities. If our educators have this knowledge of dealing with children of different genders, it will be much easier for them to pass the inside. Children will copy from how their teachers handle them and reciprocate to the classmates. If the children receive gender education at an early age, they will grow to appreciate one another. It will later be reflected in their future working environments and also in the health setup. There is the need to involve other stakeholders in education on gender and the purpose for gender equality within our society. Some gender norms are misleading, and therefore there is a need for change (Gupta, Geeta Rao Oomman, Nandini Grown, Caren Conn, et al. 2019).

Conclusion

As per my argument, gender education is vital for our children, and it has its health contribution to them. Therefore our educators ought to have this information as it is essential for their carrier. It does not only enhance their career, but it has a notable impact on our children. Children need to learn to appreciate one another no matter their gender status. This is the knowledge that can help somebody in their entire life.

Reference

Gupta, Geeta Rao Oomman, Nandini Grown, Caren Conn, (2019) Gender equality and gender norms: framing the opportunities for health <https://drive.google.com/file/d/1Q7U2D5fafIAxZyWTz2ZaQxD069LhKFLG/view?usp=sharing>

Jammie Solomon, (2016) gender identity and expression in early childhood classroom: influences on development within socialcultural context, <https://drive.google.com/file/d/14zz_kbIPYRb3aA6RkIhhBqI0ROuIBq3j/view?usp=sharing>