**INSIDE OUT MOVIE CRITIQUE**

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Assignment Due Date

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**Introduction**

I wanted to approach my critical film review differently. The film "Inside Out" is a recent release that does not feature a named therapist or client. The key themes of the film, on the other hand, have many similarities to the material we've been studying in class. "Inside Out" is a Disney Pixar film that depicts the five emotions of an 11-year-old boy (Joy, Rage, Disgust, Fear, and Sadness).

**Describe how the movie depicts information processing**

The film uses vibrant characters to show how feelings affect our memories, and it is mainly set within the mind of 11-year-old Riley as she moves to a new place. Implicit memory refers to not conscious mechanisms, such as skeletal responses and emotional, learning skills reflex behavior. The creative license applies to the concept of an "island of personality." It is perhaps the most artistically stretching since it means that the hazy facets of Riley's personality can be categorized into distinct spatial regions(Nurhasana,2017). It's also unclear whether these islands are meant to conform to brain structures.

**Describe an example from the movie where the schema is depicted**

Schema is incorporated when the emotional characters can remember memories from long-term storage and project them on a large screen at Headquarters—the memories will playback like a movie projected on a screen. Riley's mind will then be flooded with these memories, which may affect her decisions or, in the case of the irritating chewing gum commercial, cause her to hum the jingle.

**Describe and explain emotional intelligence**

Taking control of your feelings. Our emotions influence our behavior, decisions, and perceptions of reality. Riley's Central Control Panel manages them in the film, similar to Self-management. Become conscious of your biases and question them. One of the film's funniest scenes portrays a family dinner with characters that embody Riley's parents' feelings, reminding us that people may have very different reactions to the same circumstances. Transitions will aid in forming new identities (Trisnantasari, 2018). Riley's identity islands, created by her core memories, are threatened as she tries to adjust to her new surroundings. When she settles in, we'll see how they make room for new identity islands.

**Explains the levels in Maslow's model based on the movie**

Riley's tears signaled to her parents that she was going through many things and wanted their love and support, contributing to this physiological need. In Pixar's latest film, Inside Out, there is no antagonist. Nothing in Riley's mind is ever labeled as unwelcome or unwanted, framework and Riley's journey across her physical environment to typical children's films. Her parents adore her, and she relies on them. They can and must assist her, and thus her parents contributed to safety, love, and belonging need. Riley has always enjoyed playing hockey, so she joins a team in Minnesota and San Francisco for the love of the game, demonstrating intrinsic motivation to meet the self-actualization need (Hale et al.,2019). Riley has shown his desire to return to Minnesota by purchasing a bus ticket. She desired to return to a familiar environment with her friends meeting the esteem need.

**Identify ways the movie incorporated the brain rules**

Every memory in Inside Out is a flickering orb whose colors correspond to the five emotions depicted in the film: yellow for joy, blue for sorrow, red for rage, purple for fear, and green for disgust. Memories are not limited to a single emotion, as evidenced by the fact that most of Riley's memory orbs aren't uniform and instead turn into marbles filled with multicolored swirls of emotions at the end of the film.

**Describe a time a character was encouraged to use critical thinking**

Riley uses critical thinking by finally acknowledging that moving to San Francisco has been difficult. Riley and her family learn this important emotional lesson and acceptance that brings her closer to her parents. But crucially, prioritizing positivity does not imply ignoring or dismissing unpleasant emotions or the situations that cause them—a type of single-minded pursuit of happiness that can backfire; it reflects the elements of reflection.

**Provide a personal critique**

My critique is that even though we have multiple types of feelings, "Inside Out" communicates that it prevents the kinds of baffling, self-serving binary claims that children despise hearing from their parents: Things are not so terrible. You have the power to choose happiness. I like that it Consider the bright side of things. Even as we cheer for Riley to find a way out of her despair, we're never led to believe that she's just childish or that she wouldn't be taking it so seriously if she wasn't in such a dire situation (Trisnantasari, 2018). I would recommend the movie.

**Conclusion**

In terms of memories, feelings, attention, humor, and many other aspects, the film depicts these types of creation. Cognitive growth is concerned with a child's ability to think and reason and build their thinking processes. Memory is a fundamental principle in every child's development. Memories serve as a person's foundation and lead them through life.

**References**

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