Human Services and Mental Health Crisis in America

Name:

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**Introduction**

In the United States, numerous challenges have been witnessed affecting many people. These challenges arise from diverse factors that affect the population from a health dimension. Nurses and other practitioners play a crucial role in responding to these challenges focusing on community awareness and health promotion. However, their effectiveness may be affected by communicating and collaborating with the underlying populations through community-based interventions.

**Analysis**

In the United States, multiple health conditions have been reported affecting numerous populations. Some of these conditions affect certain populations more than the rest. For example, the minority groups are likely to suffer diverse medical conditions than the majority of whites due to various factors such as disparities. The lack of a framework for promoting equity in resources provision has affected the ability to maintain a reliable framework for promoting community wellness and overall health outcomes.

**Literature review**

Numerous studies have been completed discussing the prevalence of mental health in the United States. These studies provide essential insight into the current issues affecting the population from a health dimension, outlining the best intervention to enhance wellness. This section will gather literature from peer-reviewed sources to promote validity and correctness. The selected resources will be recent, meaning that they must not be older than five years

**Current mental health trends**

It is projected that at least 1 in five Americans is diagnosed with mental health challenges. These conditions range from depression to schizophrenia (Gregory, Mallikarjun & Upthegrove, 2017).

**The role of human services: Interventions and effectiveness**

The United States, through the Department of Human and Health Service, provides essential interventions and programs to counter community wellness challenges.

**Future improvements**

According to the authors, disclosure programs are essential for handling stigmatization against those suffering from mental illnesses (Brouwers, Joosen, Van Zelst & Van Weeghel, 2020). In addition, these programs will provide a foundation for community awareness and empowerment about mental health, which will promote reporting and early medication.

**Summary and conclusion**

The country continues to report increasing mental health issues. These issues range from depression to anxiety. They affect numerous populations and diverse parties within American society.

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