

CHAPTER 18

Treating Drug Dependence

■ Chapter Outline

The chapter outline provides you with an organizational guide to the topics and ideas presented in this chapter of the text.

Treatment of Addiction
Assessing Addiction Severity and Readiness to Change
Principles of Treatment
Comorbidity

Drug Addiction Treatment in the United States
 Historical Approaches
 General Therapeutic Strategies
 Behavioral Therapies
 Pharmacological Strategies

■ Key Terms

Define the following terms:

1. Open meetings _____
2. Closed meetings _____
3. Therapeutic community _____
4. Minnesota model _____
5. Partial agonist _____
6. Comorbidity _____

■ Identify

1. Identify 5 of the 13 NIDA principles that characterize effective addiction treatment.

- a. _____
- b. _____

- c. _____
- d. _____
- e. _____

2. Identify and discuss three general therapeutic approaches used to treat substance abuse.

- a. _____
- b. _____
- c. _____

3. Identify and discuss three drug abuse treatment strategies that involve specific pharmacological agents.

- a. _____
- b. _____
- c. _____

■ Discussion Questions

1. Discuss the process of assessing addiction severity and readiness to change.

2. Describe Alcoholics Anonymous. Why is it difficult to assess its success?

3. Describe the Minnesota Model of drug treatment.

4. How are pharmacological strategies used to treat drug abuse? Give two examples of these therapies.

